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From: Munjoy Hill Neighborhood Organization <info@munjoyhill.org>

To: Munjoy Hill Neighborhood Organization <info@munjoyhill.org>

Sent: Friday, March 1, 2024 at 10:30:52 AM EST

Subject: March into March with the MHNO! Youth Art Month, Sustainability Issues, and More!

Munjoy Hill Neighborhood Organization

92 Congress Street
Portland, Maine 04101
info@munjoyhill.org
March 1, 2024



Proudly serving Portland's Munjoy Hill neighborhood since 1979.

**MHNO Collaborates with East End Community School to
Celebrate March Youth Art Month**

Opening Reception Friday March 15th, 5:30-7:30 pm

**The Munjoy Hill Neighborhood
Organization Presents:**

**The Annual East
End Community
School Art Show
92 Congress St.**



Opening Reception: March 15, 5:30-7:30
Continued Viewing: March 16, 9:00-1:00 During
our free monthly Good Munjoy Morning coffee,
cocoa, tea and treats gathering.

The MHNO is again collaborating with East End Community School Art Teacher Melissa Maher to host the second annual Youth Art Month show of selected Pre-K through 5th grade student works. Curated by Ms. Maher to illustrate the range of creative responses to specific prompts and materials, the display is fun for folks of all ages. It is particularly rewarding when families and friends accompany budding artists to the Hill House to admire the creations.

The show will be available for viewing for approximately one month. The best opportunities to take in the show will be the opening reception on Friday, March 15th from 5:30 to 7:30 pm or the drop in coffee/snack gathering on Saturday, March 16th from 9:00 am to 1:00 pm. The show will also be available for viewing immediately before or after other scheduled MHNO events. Or special viewings may be requested by emailing info@munjoyhill.org.



W **GOOD MUNJOY**
orning

Saturday March 16

9:00-1:00

Drop by for free coffee, tea and cookies.
Chat with neighbors. Meet new friends.
Enjoy The East End Community School Art
Show. March is Youth Art Month!

**Munjoy Hill
Neighborhood
Organization
92 Congress St**

Monthly Highlights:

MHNO SUSTAINABLE LIVING

By Mike Dixon, MHNO Vice President, m.dixon@munjoyhill.org



Did anyone else on The Hill spot daffodils poking up out of the ground--in February?!

The [groundhog may have forecast an early spring](#), but even Punxsutawney Phil could not have foreseen crocuses in Portland on Leap Day. Certainly the planners of the recently [cancelled Can-Am Crown sled dog race](#) wished it were not so. Over the recent school break, my own family, as well as several like-minded neighbors, traveled north in search of real winter—with mixed results and more rain than we expected midwinter above the 45th parallel.

But the data confirm these anecdotal observations with alarming emphasis. Gardening friends recently passed along the news that our local plant growing [“hardiness” zone had shifted up by an entire level this past year](#). Maine, which has been warming relentlessly for two decades now, [was almost 8 degrees warmer than normal last winter](#). So far, this winter, too, is bringing [more rising temperatures](#) and a [whole lot less snow than normal](#). The [North Atlantic’s “crazy” heating is apparently even crazier than originally thought](#), and our own Gulf of Maine is [warming faster than almost any surface area on the planet](#).

It has been quipped that, [“Everybody complains about the weather but nobody does anything about it.”](#) But the [IPCC was not joking](#) when it stressed (with a bit of jargon and British spelling) that we **can** do something about the climate crisis: “behavioural change can reduce global GHG emissions of end-use sectors by at least 5% rapidly.” Only 5 percent? Well, that’s a lot more than zero, [it’s more than the entire air travel industry’s share](#), and it’s the minimum impact, which could amount to as much as a 30% reduction in greenhouse gas emissions. End-use sectors? Buildings, land transport, and food. The [Maine Climate Council](#) and [One Climate Future](#) confirm that buildings and transportation represent two of the biggest sources of emissions, and the biggest opportunities for improvement, in our corner of the world. Behavioural change? That’s us, acting as “citizens, investors, consumers, role models, and professionals.” Translation? You and I and all our neighbo(u)rs could **rapidly** reduce a

significant share of greenhouse gas emissions by making smarter food, transportation, and home energy choices on a day-to-day basis right here on Munjoy Hill.

Look no farther than down the block for real-world examples of homes running entirely on solar energy; cars being shared, eliminated, or electrified; and food waste cycling back into gardens instead of landfills. And look no farther than across town for Portland's own [Home Energy Expo at Odd Fellows Hall on March 16th from 9:00 to 1:00](#), featuring free lunch and "practical solutions for home improvement and sustainability." [Caveat emptor](#), but this could be a good place to begin or refine your research; to exercise your own individual agency; to advance the citywide goal of building (and retrofitting) better buildings; to make the most of Portland's [Electrify Everything!](#) program; and to help make Munjoy Hill a model in combating the climate crisis.



HOME ENERGY EXPO
MARCH 16

LEARN PRACTICAL SOLUTIONS FOR HOME IMPROVEMENT & SUSTAINABILITY

LUNCH PROVIDED

RAFFLES

PRESENTATIONS & DEMONSTRATIONS FROM THE EXPERTS



SATURDAY, MARCH 16
9AM - 1PM

651 FOREST AVE, PORTLAND ME

SCAN FMI FREE TO THE PUBLIC



Munjoy Hill Author/Historian Paul Ledman Engaged With Neighbors



Many neighbors and local historians enjoyed the give and take of a question and answer session with Munjoy Hill author, Paul Ledman at the Hill House on Sunday, February 25th.

Copies of Paul Ledman's books, Walking Through History and Portland Maine: Connections Through Time, (foreground) are available in many Portland locations, including at Maine Hardware. Participants were also able to enjoy the display of Tom Bloom's portraits, Portland Works, shown in the background.



YOU CAN UKE!

UKULELES COME TO THE HILL! SAVE THE DATE: SATURDAY., APRIL 13TH AT 10:00



YOU CAN UKE!

WHAT? Would you like to learn to play a ukulele? Here's an opportunity to learn while having lots of fun.

WHO? Lee Urban teaches ukulele to youths and adults. Everyone he has taught has learned to strum a ukulele, play a chord, and sing a song in less than 10 minutes after they've picked up a ukulele for the first time. You can uke too!

WHERE? Munjoy Hill Neighborhood Organization
92 Congress Street, Portland, Maine.

BUT? Don't have a ukulele? No problem. Lee will have loaner ukuleles available.

WHEN? Saturday April 13, from 10:00 - 11:00 AM.

Space is limited to 25 participants, so be sure to reserve your spot. Please email Maggy at m.wolf@munjoyhill.org

Walk-ins are welcome if Space and ukuleles are available



Who knows where this could go if there is a lot of neighborhood interest? Save the date: Saturday, April 13th at 10:00. Email m.wolf@munjoyhill.org to reserve your spot.



MHNO ANNOUNCEMENTS:

Handcrafters -- Needlecraft Sundays Every Week, 3-5



**Knitters!
Crocheters!
All hand needlecrafters!**

**The MHNO welcomes you to our
Needlework Sunday afternoons!**

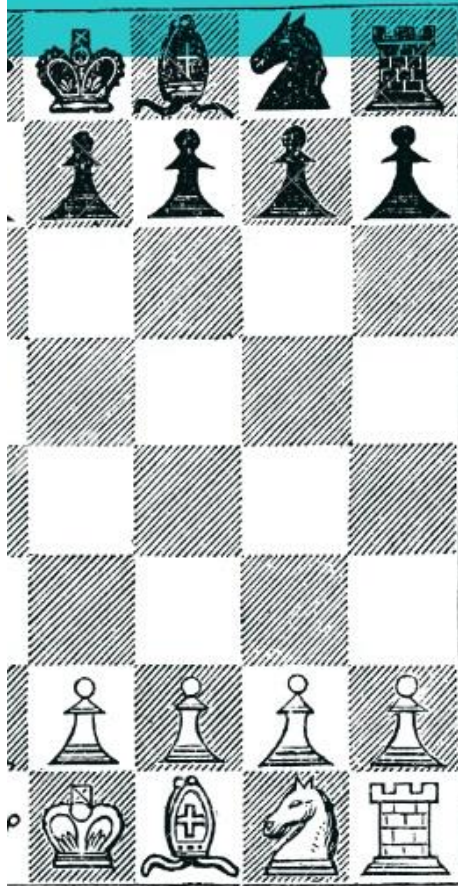
**Sundays from 3-5
92 Congress St**

For more information, contact:
info@munjoyhill.org

**MHNO Monthly Chess Meetup,
First Sunday, March 3rd and April 7th, 5:30 - 7:30**

Chess players are invited to come to the Hill House, 92 Congress Street, the first Sunday of each month from 5:30 until 7:30 pm to play casual chess with your Munjoy Hill neighbors. Bring your chess board and your chess skills. All ages and all levels of play are welcome.

Please text Peter Blackstone @ (207)939-9167 if you have any questions.



ARE YOU A CHESS PLAYER?

BRING YOUR CHESS
BOARD AND YOUR
CHESS SKILLS.

MEET YOUR
NEIGHBORS AT THE
MHNO HILL HOUSE!

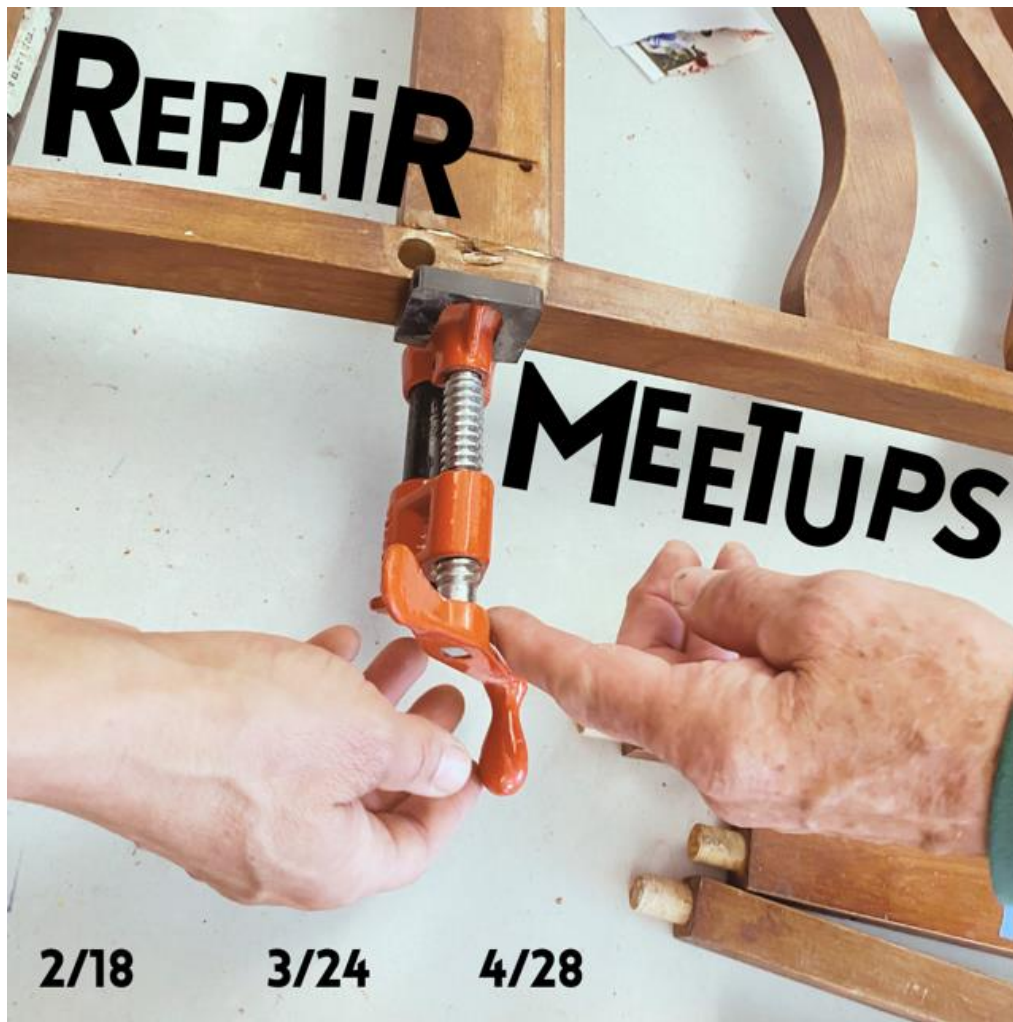
SUNDAYS-MARCH 3RD,
APRIL 7TH, MAY 5TH

FIRST SUNDAY OF
EACH MONTH FROM
5:30PM-7:30PM

MHNO HILL HOUSE
92 CONGRESS ST

NO EXPERIENCE NECESSARY.
ALL LEVEL OF PLAYERS WELCOMED
ANY QUESTIONS? CONTACT PETER
BLACKSTONE AT (207)939-9167

MHNO to Host Repair Meetups
Sundays March 24 and April 28



MHNO will be hosting Repair Meetups on upcoming Sundays: March 24, & April 28, each from 12:30pm-2:30pm. Grab your broken toaster, holey jeans, busted clock, and join us!

Repair Meetups are free, community events where people come together to help each other fix broken small home appliances, as well as mend textiles with patching, darning, and even glue. Meetups are about celebrating under-appreciated skills and learning new ones, and holding onto things that take a lot of resources to make but could otherwise quickly end up in a landfill. They're also fun & snack-ful. We'll have some expert fixers in attendance, and always welcome more, so please come whether you have skills to share or not.

See @ripe_for_repair on Instagram for more info, to ask questions, or to RSVP. Or text 207-347-1878 for the same.

(No broken phones or computers, please.)

**SINGERS/SONGWriters INVITED TO JOIN MUNJOY
HILL SONGWRITER CIRCLE SUNDAY, MARCH 17TH, 5:30 PM**



**ARE YOU A SINGER /SONGWRITER
LOOKING FOR FRIENDLY FEEDBACK?**



**COME JOIN A MUNJOY HILL
SONGWRITER CIRCLE**



- *PLEASE BRING YOUR INSTRUMENT AND TWO OF YOUR SONGS TO SHARE.
- *BRING COPIES OF AT LEAST ONE OF THOSE SONGS SO OTHER MEMBERS OF THE CIRCLE CAN TRY TO PLAY AND SING ALONG.
- *IF YOU DON'T WRITE YOUR OWN SONGS, FEEL FREE TO COME TO PLAY AND SING ALONG WITH OUR LOCAL SONGWRITERS.



**3RD SUNDAY OF EACH MONTH FROM 5:30PM - 7:30PM
MHNO HILL HOUSE, 92 CONGRESS ST.**



**Text Peter Blackstone with
questions at (207) 939-9167**



President's Message:

Greetings Fellow Munjoy Hill Residents:

The approaching spring promises lots of opportunities to get out and meet your neighbors! I will highlight just a few:

In celebration of National Youth Art Month, the second annual East End Community School Art show will take place at the Hill House starting with an opening reception on Friday, March 15th at 5:30. Always popular with student artists and their friends and families, this show is also a source of inspiration for creative people of all ages.

In a new venture for the MHNO, Lee Urban, the pied piper of local ukulele aficionados, brings his fun approach to making community music to the Hill on Saturday, April 13th at 10 am. Not only will he bring his own brand of magic, but he also travels with 25 loaner ukuleles for use during the session. Space is limited to 25 (or a few more if you BYO

uke). Please email m.wolf@munjoyhill.org to reserve your spot. Who knows what this could turn into? Peaks Island has had its own Peaks ukes ensemble for years. Why not Munjoy Hill?

Another fun MHNO event is the late-May Hyper-Local Seedling and Perennial Sale. The MHNO counts several very experienced gardeners and Maine Master Gardeners among its active members. Around the Hill, people with green thumbs are planning to get various seedlings started so that they will be at prime readiness for this late-May event. And perennial beds are being assessed for their eventual potential to yield plants to be divided for sale to other local gardeners. Volunteers are always welcome to help. If you are interested in assisting with a particular activity, please email info@munjoyhill.org.

And while it probably seems like it is a long way off, June will be here before we know it! The Annual Meeting of the MHNO is always in June. This 45th annual meeting will be held on Thursday, June 27th. If any of our community-building activities call to you, consider volunteering to help. Or if you are ready to make a more significant commitment, consider running for the MHNO Board of Directors. Current Board Members would be happy to talk with any neighbors who are considering serving on the Board. Please email me at b.vestal@munjoyhill.org or leave a general message at info@munjoyhill.org.

It promises to be a busy next few months. We hope you will find ways to connect with your Munjoy Hill neighbors.

Best,
Barbara

Barbara Vestal
MHNO President
b.vestal@munjoyhill.org

The next monthly business meeting of the 13-members of the Board of Directors of the MHNO will be held on Monday, March 4th at 5:00 p.m. Monthly meetings are held the first Monday of each month, in person at the Hill House, 92 Congress Street. If you are a member of the MHNO and are interested in sitting in on the Board of Director's meeting, please join us in person.

The MHNO is a membership organization, with our work supported by annual memberships (\$20 for an individual, \$35 for a household per year). For more information or to join or renew, or to make a much appreciated donation, please visit www.munjoyhill.org.

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Sent by info@munjoyhill.org
